



UJ SKILLS DEVELOPMENT
CENTRE NPO 153-71

EMPOWERMENT PROGRAMME
In partnership with
UJ DEVELOPMENT CENTRE
NPO 153-731 & The Forgotten Foundation

Women on the Rise Affiliated with UJ Skills Development now taking on the challenge of the Forgotten Foundation to offer a wider range of services and empowerment programmes to support single and abused as well as women dealing with Cancer also children who are experiencing learning difficulties at school Gauteng. To women and juvenile in the Boksburg and Heidelberg prison as well the homeless and street kids, and Gay/Lesbian community.

- **U.J**

- Offices are based in Benoni.
- UJ will offer basic literacy and numeracy assessments to vulnerable learners who have been referred to the center.
- In addition to this assessments, UJ will also offer remediation programmes and other exciting empowerment programmes.
- Reading, writing and listening skills

- **W-O-R-E**

- The center will be based in Benoni
- W-O-R-E offers Interview & Dress Etiquette
- Full Function Bookkeeping Course
- Financial Management
- First Aid Training
- Self – defence
- Dance
- Motivational Talks

FORGOTTEN FOUNDATION
OFFERING SKILLS TRAINING TO WOMEN & JUVENILE PRISONS

1. ASSESSMENTS

Overview of Assessments

▪ ***The Objectives of both Assessments include:***

- UJ - Identify potential difficulties in areas of reading and writing, attention and behaviour, social and communication skills.
- W-O-R-E – Identifies women that are from abusive situations, single mums, men & women that want to be educated and empowered but don't have the means to.

➤ **U.J**

W-O-R-E

2. ASSESSMENTS

Overview of Assessments

- UJ - Offer support and guidance to those who are identified with difficulties with respect to a given area.
- UJ - Guidance to schools within the classroom setting to plan and provide appropriate support.
- W-O-R-E : Provide counselling, motivational talks guidance in accordance to their situation and circumstance.
- FORGOTTEN FOUNDATION: Providing, counselling and skills training, motivation talks to parolees in women and juveniles prison as well as street and homeless kids.

Other Programmes

- Study Skills

- UJ

- ❖ Learners will be given useful study tips on how to deal with exam stress;
- ❖ To manage their time more effectively;
- ❖ To make study notes
 - ❖ **W-O-R-E**
- ❖ Counselling and support programme to change her mind set to being more positive from just Existing to start LIVING

- Mission

- ❖ UJ - Study groups will be formed and the learners will have access to our facilities for study and research purposes;
- ❖ UJ - With the support from school based support team, learners other revision programmes will be developed.
- ❖ **W-O-R-E** : EQUIP, EMPOWER & EDUCATE men & women into independence with a skill that would bring about change and transformation

UJ, W-O-R-E & THE FORGOTTEN FOUNDATION

EDUCATE – EQUIP - EMPOWER

Rochelle Moodley

Director & Founder of W-O-R-E & FORGOTTEN
FOUNDATION

Director & Co-Founder of UJ Skills Development
NPO 153-731

Director of UJ Bookkeeping Services

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